



Inaugural Inland Empire Half Marathon in Ontario RUNNER INFORMATION SHEET

Welcome to the Inaugural Express Jet Inland Empire Half Marathon in Ontario. This sheet includes all of the information you will need during race weekend. Please read carefully and go to www.iehalf.com for updates.

SPECIAL ANNOUNCEMENT:

Vitalyte in now the official drink of the Empire Half Marathon

PRE-RACE

Health and Fitness Expo

Ontario Convention Center

Saturday, February 9th, 9:00am - 5:00pm

Bibs/T-shirts/Goodie Bags

- To claim your bib, timing chip, t-shirt, and goodie bag you must bring valid identification to the **Health and Fitness Expo, Feb 9th**
- THIS IS THE ONLY PLACE WHERE YOU CAN CLAIM YOUR BIB, CHIP, T-SHIRT, AND GOODIE BAG. THERE WILL BE **NO** RACE DAY PICK UP!
- We will allow a friend or family member to pick up your race packet for you. If you cannot attend the Expo, have your friend or family member bring a copy of your photo ID to claim your packet. **(This is mandatory for us to confirm we are giving the timing chip and bib to the correct person).**

RACE DAY

Race Schedule

Starting Line – Convention Center Drive just north of Holt

7:40 am	Karla Adams Warm up at starting line
8:00 am	Half Marathon
8:15 am	5K
10:30 am	Kids Races Start

Parking

- The most convenient race day parking is in the Convention Center parking lots. **However, there is a \$6.00 charge for parking.**
- You can park for FREE on Convention Center Way in the parking lot across the street from the Ontario Convention Center (Limited Availability)

Driving Directions Please arrive an hour early as part of Convention Center Way will close.

From the High Desert:

- Take the 15 Freeway South to the 10 Freeway West to Holt Blvd. Parking will be on the right side. Free parking will require you to make a right on Convention Center Way and turn right into the office complex.

From Orange County:

- Take the 91 Freeway East to the 15 Freeway North to the 10 Freeway West. Exit on Holt Blvd. Parking will be on the right side. Free parking will require you to make a right on Convention Center Way and turn right into the office complex.

From Pomona:

- Take the 10 Freeway East. Exit at Vineyard and make a right. Turn left on Convention Center Way for free parking look for office complex on left hand side. For expo parking make a right on Holt.

From Riverside:

- Take the 91 Freeway North to the 10 Freeway West to Holt Blvd. Parking will be on the right side. Free parking will require you to make a right on Convention Center Way and turn right into the office complex.

From San Bernardino:

- Take the 10 Freeway West. Exit on Holt Blvd. Parking will be on right side. Free parking will require you to make a right on Convention Center Way and turn right into office complex.

Starting Line

- The Starting Line is located on Convention Center Way just north of Holt.
- The Convention Center will be open on race morning for bathroom use.
- There will be no GEAR CHECK
- All runners are required to follow standard race etiquette and position themselves realistically at the start according to expected race pace. THE FASTEST RUNNERS SHOULD GO TO THE FRONT FOLLOWED BY PROGRESSIVELY SLOWER-PACED RUNNERS. If you are running with a stroller, please make sure you start in the back of the group.

Chip Timing

- We use the ChampionChip timing system.
- The system provides overall finishing time and also on-course points.
- You MUST wear the timing chip on your shoe. NO CHIP, NO TIME! You must also return the chip after the race or be charged \$20.00.
- All timing chips must be picked up at the Half Marathon Expo.

On the Course

- There will be 4 medical aid stations and 8 Water & Energy replacement drink stations on the course,
- If you need to drop out of the race for any reason, please report to the nearest water station or medical station on the course and inform them that you will not be completing the race. There will be vans to pick up downed runners and take them to the nearest medical station for treatment and/or transportation.
- Port-a-potties will be located along the course.
- COURSE TIME LIMIT-The race time limit is 4 hours for all events. Please note that the course will have a rolling re-opening that will be strictly enforced by the Ontario Police Department.
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Finish Line

- **HALF MARATHONERS** will finish on the LEFT side of the finish chute. 5K will finish on the Right side of the finish chute
- After crossing the finish line you will enter the secure runner's area and receive your medal. You MUST have your timing chip removed BEFORE continuing on to the Post Food and Fluid (PF & F) area.
- As you continue through the secure area you will come to the PF & F area which will be stocked with water, fruit and other treats. Please note, once you exit this area you will not be allowed to return.
- The Finish Line Festival will be from 8:00am to 12:00pm. Friends and family are encouraged to attend the festival to watch the finishers and help celebrate this life-altering experience.
- It is recommended that you discuss a REUNION plan with your friends and family prior to the race results will be posted at the RACE RESULTS tent at the Finish Line Festival and on our website www.ihalf.com after 1:00pm on race day.

**We wish you a great run and hope you enjoy the
Express Jet Inland Empire Half Marathon Ontario.**